

THE AVON TOWN CRIER



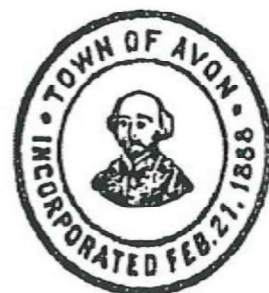
AVON COUNCIL ON AGING

65 EAST MAIN STREET; AVON, MA 02322

Hours of Operation: 8:30 am – 4:30 pm

Phone: 508-559-0060 / Fax: 508-584-9650

Email: coa@avon-ma.gov



Volume 40, Issue 11

November 2016

From the Director's Desk: Hello Everyone! I am pleased to announce that the Town of Avon COA monthly newsletter is back! For all you folks on Social Media, please feel free to spread the good word and to draw anything from this or our webpage out to the digital community. As most of you know there have been many staff changes at the COA over the past six or so months. Including myself as the new Director we have a new Administrative Assistant, Tricia Pepe, new Assistant Cook Tim Kelley and new additional van driver Meghan Mallet.

We have added a weekly wellness program, monthly restaurant club and movie day to our schedule. We have also added additional days to our transportation schedule offering the van 5 days a week and assisted in getting folks to all the summer concerts at the gazebo, all the special town meetings, primary day, two weeks of early voting and organized friends and neighbor assist for the actual election day.

A new COA Board of Directors has been appointed and meeting on a regular basis; more to come on that in upcoming newsletters. Newsletters will be published on a monthly basis and placed around town in the traditional places as well as sent out in the Money Saver four times a year starting in December.

I look forward to working together for all our seniors, caregivers and families supporting our elders in Avon! Our door is open for ideas and volunteer assistance.

Thank you! Gene A. Mazzella, COA Director



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John Klefeker, BC-HIS MA License #127

TO ADVERTISE IN THIS NEWSLETTER

Please call Steve Persichetti
at 978-457-2612 for immediate response!!

OR email seniornewsletter@aol.com.

Your AD belongs right here!!
REACH YOUR CUSTOMERS 365 DAYS A YEAR!

Avon COA Staff and Board Members:

Staff:

Gene A. Mazzella, Director
Tricia Pepe, Administrative Assistant
Louise Hardiman, Outreach Worker
Jayne Carthas, Volunteer Coordinator
Cindy Seely, Lead Cook
Tim Kelley, Assistant Cook
Walter (Woody) Salter, Van Driver
Meghan Mellett, Van Driver

Board Members:

Karen Johnson, Chair
Deborah Greene, Vice Chair
Linda Chute, Secretary
Jean Kopke, Treasurer
Silvio Mercuri, Member
Jane Lukasiewicz, Member
Ed Selman, Member

November Birthdays!

Rita Decosta	5 th
Roberta Loring	5 th
Frederick Hunter	12 th
Maureen Sullivan	14 th
Craig Solomita	23 rd
Towana Texeira-Rosario	23 rd
Helga Rhind	27 th



Seth Mann 2nd

Home for Women

Compassionate Care

in a Home Atmosphere

349 North Main Street,
Randolph, MA 02368

781-963-9116

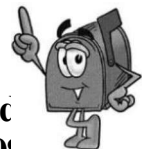
www.sethmannhomeforwomen.com
~sethmann2home@aol.com

**Medicare open enrollment
ends December 7th!**

**Call the COA to schedule a
SHINE appointment to
ensure you have the best
coverage for 2017**

**Enroll in Prescription
Advantage to save big money
in the donut hole!**

We aim to print the COA newsletter each month and place around town. Four times a year we plan to print and place in penny saver. Contact us at 508-559-0060 to receive each edition at no cost via e-mail or make arrangements for snail mail.



SPACE FOR SALE

Great Medium to Reach the Senior Citizens!

CALL 603-601-8047

Email: seniornewsletter@aol.com

OR WRITE TO:

**SENIOR NEWS PUBLICATIONS,
7 PHILBROOK TERRACE, HAMPTON, NH 03842**

IMPORTANT NUMBERS - Emergency 911

Avon Town Hall: 508-588-0414

Avon Fire – Non-Emergency: 508-583-5361

Avon Police – Non-Emergency: 508-583-6677

Avon Public Library: 508-583-0378

Executive Office of Elder Affairs: 617-727-7750

Old Colony Elder Services: 508-584-1561

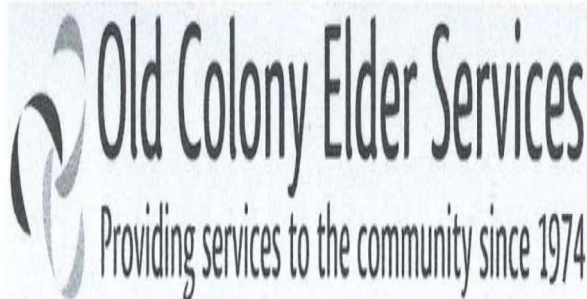
RUOK?: 1-866-900-7865

Medicare: 1-800-633-4227

Mass Health: 1-800-841-2900

Prescription Advantage: 1-800-243-4636

Social Security: 1-800-772-1213



144 Main St., Brockton, MA 508-584-1561

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 12pm Lunch 12:30 Cribbage EARLY VOTING	2 EARLY VOTING	3 12pm Lunch SHINE (by apt.) EARLY VOTING	4 10am Tap class EARLY VOTING
7 1pm Chair Yoga	8 ELECTION DAY MOW ONLY No Programs	9 Chateau De Bleu Lunch (sign up at COA)	10 12pm Lunch 6pm Caregiver Support SHINE (by apt.)	11 VETERANS DAY COA Closed
14 1pm Chair Yoga	15 12pm Lunch 12:30 Cribbage 1pm LAWYER- (by apt.)	16 Avon Baptist Church Ecumenical lunch 11:30 (call for ride)	17 12pm Lunch 11-1 B/P clinic SHINE (by apt.)	18 10am Tap class
21 1pm Chair Yoga	22 10 am Wellness 12pm Lunch 12:30 Cribbage	23	24 Happy Thanksgiving COA Closed	25 NO TAP CLASS TODAY No Programs
28 NO CHAIR YOGA TODAY	29 10 am Wellness 12pm Lunch 12:30 Cribbage	30 Movie Day 11-1pm		

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Senior News Publications ~ 7 Philbrook Terrace ~ Hampton, NH 03842 ~ 603-601-8047 ~ email: seniornewsletter@aol.com

Avon COA Café!

Join us for Home Cooked Meals!

Tuesday 11/1

Brunch for lunch: egg strata, bacon, mini bagels orange juice, fresh fruit

Thursday 11/3

Beef stew, corn bread, fresh fruit

Tuesday 11/8

ELECTION DAY – HDM Only

Cold cut sandwich on rye, chips, fruit cup

Thursday 11/10

Fenway Franks, coleslaw, fruit, pretzel

Tuesday 11/15

Tomato soup, grilled cheese, fruit

Thursday 11/17 Thanksgiving Holiday

Meal Turkey, stuffing, gravy, mashed potato, roll, butternut squash, cranberry sauce, pumpkin pie, roll

Tuesday 11/22

Stuffed shells, garden salad, garlic bread, fresh fruit

Tuesday 11/29

Homemade turkey soup, salad, roll

Suggested donation is \$4. 00. Special Holiday Luncheons: \$5.00



2016 Avon COA volunteer recognition lunch group that enjoyed a wonder feast at Granite Links in Milton with COA Director Gene Mazzella and COA Volunteer Coordinator Jayne Carthas. Volunteers include Bernie Brown, Jean Kopke, Deb Greene, Linda Chute, Mary Reiser, Karen Johnson, Carol Perkins, Julia Fasano, Michelle Suanders, Shirley Brown, Jason Miller, Lorraine Robinson, Mary Farrington, Gail Gorman, Shirley Murphy